

Upskilling as a cycle mechanic



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Name: Symone, 46

Lives: Ealing / Royal Borough of Chelsea and Kensington

Occupation: Designer/ Manager Arts Council

Bikeworks course enrolled in: City & Guilds Level 1 cycle mechanic course and Ride Leadership

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The Social Cycling programme offers residents of Kensington and Chelsea fun and social cycling activities to suit all abilities.

It's completely free and includes community rides, group cycle training and ride leader training. Cycle maintenance training is no longer provided.

What inspired you to book onto the course/training?

Bikeworks has a great reputation and long standing experiences staff. The course we offered free. And I am developing myself to offer rides for free to my community.

What does the future of cycling look like for you, personally or professionally?

I am aiming to qualify as a ride leader with British cycling. Hope to do level 2 bike mechanics. Wish to get more women cycling in my community. Take on Ride London 100 in 2024. Did 60 this year :-)

What do you enjoy most about cycling?

Meeting new people, adventure cycling to new places.



Did you enjoy the course/training?

The bike mechanic course was really new to me. I was starting from scratch. Colin the instructor made me feel comfortable and took his time teaching. He has a wealth of knowledge and I was keen to learn from him. I feel more confident about fixing my bike! Great environment - would only suggest in the colder months there is better heating in the workshop.



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