

<b>Bikeability Rider outcomes</b>	
<b>Level 1 - Off-road</b>	
1.1	Demonstrate understanding of safety equipment and clothing
1.2	Carry out a simple bike check
1.3	Get on and off the bike without assistance
1.4	Start off and pedal independently
1.5	Stop without help
1.6	Ride along independently (for at least a minute)
1.7	Make the bike go where they want
1.8	Use gears (where present)
1.9	Stop quickly with control
1.10'	Manoeuvre safely to avoid objects
1.11	Look all around, including behind (without loss of control)
1.12	Signal right and left
1.13	Share space with pedestrians and other cyclists (not compulsory)
<b>Level 2 - On-road (minor roads)</b>	
2.1	Trainee has achieved all of Level 1
2.2	Start an on-road journey
2.3	Finish an on-road journey
2.4	Be aware of potential hazards
2.5	Understand how and when to signal intentions to other road users
2.6	Understand where to ride on roads
2.7	Pass parked or slower moving vehicles
2.8	Pass side roads
2.9	Turn left into minor road
2.10'	Make a U-turn
2.11	Turn left into a major road
2.12	Turn right into a major road
2.13	Turn right from a major to minor road
2.14	Demonstrate decision-making and understanding of safe riding strategy
2.15	Demonstrate a basic understanding of the Highway Code
2.16	Decide where cycle infrastructure can help a journey and demonstrate correct use (not compulsory)
2.17	Go straight on from minor road to minor road at a crossroad (not compulsory)
2.18	Use mini-roundabouts and single lane roundabouts (not compulsory)
<b>Level 3 - On-road (major roads)</b>	
3.1	Trainee has achieved all of Level 2
3.2	Preparing for a journey
3.3	Understanding advanced road positioning
3.4	Passing queuing traffic
3.5	Hazard perception and strategy to deal with hazards
3.6	Understanding driver blind spots, particularly for HGV's
3.7	Reacting to hazardous road surfaces
3.8	How to use roundabouts (Not compulsory)
3.9	How to use signalised junctions (Not compulsory)
3.10'	How to use multi-lane roads (Not compulsory)
3.11	How to use both on and off road cycle infrastructure (Not compulsory)
3.12	Dealing with vehicles that pull in and stop (Not compulsory)
3.13	Sharing the road with other cyclists (Not compulsory)
3.14	Cycling on roads with a speed limit above 30 mph (Not compulsory)
3.15	Cycling in bus lanes (Not compulsory)
3.16	Cycling in pairs or groups (Not compulsory)
3.17	Locking a bike securely (Not compulsory)